



Centra College PN Program 2025-2026

PRACTICAL NURSING CURRICULUM PLAN	THEORY HOURS 15 HRS/CR	LAB HOURS 30 HRS/CR	DIRECT PATIENT CARE CLINICAL HOURS	SIMULATION CLINICAL HOURS	TOTAL CLINICAL HOURS* 45 HRS/CR	TOTAL HOURS	TOTAL CREDITS
First Semester¹							
BIO 145: Human Anatomy & Physiology for the Health Sciences OR² BIO 142: Human Anatomy & Physiology II	45	30	0	0	0	75	4
PSY 230: Developmental Psychology	45	0	0	0	0	45	3
ENG 111: College Composition I	45	0	0	0	0	45	3
HLT 143: Medical Terminology	45	0	0	0	0	45	3
SDV 101: Orientation to Nursing	15	0	0	0	0	15	1
First Semester Totals	195	30	0			225	14
Second Semester							
HLT 230: Principles of Nutrition ³	45	0	0	0	0	45	3
NUR 115: Introduction to Nursing Concepts	45	30	0	0	0	75	4
NUR 116: Health Promotion and Basic Assessment	30	30	72	18	90	150	5
Second Semester Totals	120	60	90			270	12
Third Semester							
NUR 125: Nursing Concepts I	75	0	68	22	90	165	7
NUR 126: Health Care Participant	60	0	36	9	45	105	5
Third Semester Totals	135	0	135			270	12
Fourth Semester							
NUR 135: Nursing Concepts II	60	0	74	16	90	150	6
NUR 136: Professional Nursing Concepts	45	0	100	35	135	180	6
Fourth Semester Totals	105	0	225			330	12
Total Nursing Course Credits							33
Total General Elective Credits	240	30	0			270	17
Total Program Hours and Credits⁴	555	90	450			1095	50

¹Students are required to have a minimum overall GPA of 2.5 or higher in the first semester courses of the curriculum plan.

² Students may choose to complete BIO 145 or BIO 142 to satisfy the Biology General Education requirement. Please note that the Virginia Community College System may have additional requirements for enrollment into these courses.

³ Corequisite courses must be completed in the term to which they are assigned or prior to admission. A grade of C or higher is needed for the corequisite courses to be accepted for transfer credit. All courses highlighted in grey are offered through the Virginia Community College System. These courses may also be completed at another regionally accredited college and are required for degree completion. All Health Science courses must be completed within the last 10 years to be considered for transfer credit.

⁴This total also includes General Elective Hours and Credits.

*Direct care clinical hours and simulation hours are already calculated into the total clinical hours and should not be calculated again for total clinical hours.

Note: Nursing courses are offered at Centra College and must be completed with a grade of B or higher.