



# Centra College ADN Program 2025-2026

ASSOCIATE DEGREE IN NURSING CURRICULUM PLAN	THEORY HOURS 15 HRS/CR	LAB HOURS 30 HRS/CR	DIRECT PATIENT CARE CLINICAL HOURS	SIMULATION CLINICAL HOURS	TOTAL CLINICAL HOURS* 45 HRS/CR	TOTAL HOURS	TOTAL CREDITS
<b>Prerequisites<sup>1</sup></b>							
HLT 230: Principles of Nutrition	45	0	0	0	0	45	3
BIO 141: Human Anatomy & Physiology I	45	30	0	0	0	75	4
BIO 142: Human Anatomy & Physiology II	45	30	0	0	0	75	4
PSY 230: Developmental Psychology	45	0	0	0	0	45	3
HLT 143: Medical Terminology	45	0	0	0	0	45	3
SDV 101: Orientation to Healthcare Professions	15	0	0	0	0	15	1
<b>Totals for Prerequisite Courses</b>	<b>240</b>	<b>60</b>	<b>0</b>			<b>300</b>	<b>18</b>
<b>First Semester</b>							
PSY Elective Level 200 or Higher <sup>1 2</sup>	45	0	0	0	0	45	3
NUR 150: Introduction to Nursing Concepts	45	30	56	34	90	165	6
NUR 165: Health Promotion and Assessment	30	30	0	0	0	60	3
NUR 170: Professional Nursing Concepts I	30	0	0	0	0	30	2
<b>First Semester Totals</b>	<b>150</b>	<b>60</b>	<b>90</b>			<b>300</b>	<b>14</b>
<b>Second Semester</b>							
ENG 111: College Composition I <sup>1 2</sup>	45	0	0	0	0	45	3
NUR 175: Health Care Participant	45	0	34	11	45	90	4
NUR 180: Nursing Concepts I	45	0	78	12	90	135	5
<b>Second Semester Totals</b>	<b>135</b>	<b>0</b>	<b>135</b>			<b>270</b>	<b>12</b>
<b>Third Semester</b>							
ENG 112: College Composition I <sup>1 2</sup>	45	0	0	0	0	45	3
NUR 240: Nursing Concepts II	45	0	39	6	45	90	4
NUR 250: Nursing Concepts III	45	0	81	9	90	135	5
<b>Third Semester Totals</b>	<b>135</b>	<b>0</b>	<b>135</b>			<b>270</b>	<b>12</b>
<b>Fourth Semester</b>							
NUR 260: Nursing Concepts IV	45	0	45	0	45	90	4
NUR 270: Professional Nursing Concepts II	60	0	120	15	135	195	7
<b>Fourth Semester Totals</b>	<b>105</b>	<b>0</b>	<b>180</b>			<b>285</b>	<b>11</b>
<b>Total Nursing Course Credits</b>							<b>40</b>
<b>Total General Elective Credits</b>							<b>27</b>
<b>Total Program Hours and Credits<sup>3</sup></b>	<b>765</b>	<b>120</b>	<b>540</b>			<b>1425</b>	<b>67</b>

<sup>1</sup>Prerequisite & Corequisite Courses must be completed with a grade of C or higher. These courses are indicated by the grey highlight and are offered through the Virginia Community College System. These courses may also be completed at another regionally accredited college and are required for degree completion.

<sup>2</sup>Corequisite courses must be completed in the term to which they are assigned or prior to admission. A grade of C or higher is needed for the corequisite courses to be accepted for transfer credit.

<sup>3</sup>This total also includes General Elective Hours and Credits

\*Direct care clinical hours and simulation hours are already calculated into the total clinical hours and should not be calculated again for total clinical hours.

Nursing courses are offered at Centra College and must be completed with a grade of B or higher.