



# Centra College ADN Program 2026-2027

ASSOCIATE DEGREE IN NURSING CURRICULUM PLAN	THEORY HOURS 15 HRS/CR	LAB HOURS 30 HRS/CR	DIRECT PATIENT CARE CLINICAL HOURS	SIMULATION CLINICAL HOURS	TOTAL CLINICAL HOURS* 45 HRS/CR	TOTAL HOURS	TOTAL CREDITS
<b>Prerequisites<sup>1</sup></b>							
HLT 230: Principles of Nutrition	45	0	0	0	0	45	3
BIO 141: Human Anatomy & Physiology I	45	30	0	0	0	75	4
BIO 142: Human Anatomy & Physiology II	45	30	0	0	0	75	4
PSY 230: Developmental Psychology	45	0	0	0	0	45	3
HLT 143: Medical Terminology	45	0	0	0	0	45	3
PSY Elective Level 200 or Higher	45	0	0	0	0	45	3
<b>Totals for Prerequisite Courses</b>	<b>270</b>	<b>60</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>330</b>	<b>20</b>
<b>First Semester</b>							
SDV 110: Principles of Nursing Success <sup>4</sup>	15	0	0	0	0	15	1
AD 145: Foundations of Pharmacology in Nursing	30	0	0	0	0	30	2
AD 150: Foundations of Nursing Practice	45	30	0	0	0	75	4
AD 150C: Foundations of Nursing Clinical	0	0	36	9	45	45	1
AD 165: Health Promotion & Basic Assessment	30	30	0	0	0	60	3
AD 165C: Health Promotion & Basic Assessment Clinical	0	0	39	6	45	45	1
<b>First Semester Totals</b>	<b>120</b>	<b>60</b>	<b>90</b>	<b>90</b>	<b>90</b>	<b>270</b>	<b>12</b>
<b>Second Semester</b>							
ENG 111: English Composition I <sup>2</sup>	45	0	0	0	0	45	3
AD 175: Community & Behavioral Health Nursing	45	0	0	0	0	45	3
AD 175C: Community & Behavioral Health Nursing Clinical	0	0	34	11	45	45	1
AD 180: Adult Medical-Surgical Nursing I	45	30	0	0	0	75	4
AD 180C: Adult Medical-Surgical Nursing I Clinical	0	0	78	12	90	90	2
<b>Second Semester Totals</b>	<b>135</b>	<b>30</b>	<b>135</b>	<b>135</b>	<b>135</b>	<b>300</b>	<b>13</b>
<b>Third Semester</b>							
ENG 112: English Composition II <sup>2</sup>	45	0	0	0	0	45	3
AD 240: Maternal & Pediatric Nursing	45	0	0	0	0	45	3
AD 240C: Maternal & Pediatric Clinical	0	0	39	6	45	45	1
AD 250: Adult Medical-Surgical Nursing II	45	0	0	0	0	45	3
AD 250C: Adult Medical-Surgical Nursing II Clinical	0	0	81	9	90	90	2
<b>Third Semester Totals</b>	<b>135</b>	<b>0</b>	<b>135</b>	<b>135</b>	<b>135</b>	<b>270</b>	<b>12</b>
<b>Fourth Semester</b>							
AD 260: Critical Care Nursing	45	0	0	0	0	45	3
AD 260C: Critical Nursing Clinical	0	0	39	6	45	45	1
AD 270: Leadership & Management in Nursing	45	0	0	0	0	45	3
AD 270: Leadership & Management in Nursing Clinical	0	0	120	15	135	135	3
<b>Fourth Semester Total</b>	<b>90</b>	<b>0</b>	<b>180</b>	<b>180</b>	<b>180</b>	<b>270</b>	<b>10</b>
<b>Total Program Hours and Credits<sup>3</sup></b>	<b>750</b>	<b>150</b>	<b>540</b>	<b>540</b>	<b>540</b>	<b>1440</b>	<b>67</b>

<sup>1</sup>Prerequisite & Corequisite Courses must be completed with a grade of C or higher. These courses are indicated by the grey highlight and are offered through the Virginia Community College System. These courses may also be completed at another regionally accredited college and are required for degree completion.

<sup>2</sup>Corequisite courses must be completed in the term to which they are assigned or prior to. A grade of C or higher is needed for the corequisite courses to be accepted for transfer credit.

<sup>3</sup>This total also includes General Elective Hours and Credits.

<sup>4</sup>Transfer credit will not be awarded for SDV 110 - Principles of Nursing Success.

\*Direct care clinical hours and simulation hours are already calculated into the total clinical hours and should not be calculated again for total clinical hours.

Nursing courses are offered at Centra College and must be completed with a grade of B or higher.